

Summer Wildflowers on the WHW between Balmaha and Milarrochy Bay

During July and August, look out for the brilliant wildflowers on the loch-side walk between Balmaha and Milarrochy Bay. These ones are **colourful** - see if you can find them.

Tufted vetch

Vicia cracca



Common knapweed

Centaurea nigra



Yarrow

Achillea millefolium



Generally white but sometimes pink

Hedge woundwort

Stachys sylvatica



Leaves look like stinging nettle!

Self-heal

Prunella vulgaris



English stonecrop

Sedum anglicum



Found on the rock outcrops near Balmaha pier

Water forget-me-not

Mysotis scorpioides



Look for it in wet places

Common spotted-orchid *Dactylorhiza fuchsii*



Found in wet places

Please say if you spot mistakes! Thanks