

What grows on our mountain bogs?

There are lots of interesting plants growing in our mountain environments. If you walk up the lovely track at **Cashel Native Forest Centre** you can see these plants and lots more.

Bog Asphodel

Narthecium ossifragum

Common spotted-orchid *Dactylorhiza fuchsii*



Yellow flower spikes, seed heads orange in autumn

Hare's-Tail Cottongrass

Eriophorum vaginatum

Bog Moss



Moss can soak up many times its weight in water - it's like a sponge!

Bog Myrtle

Myrica gale

Common Lousewort

Pedicularis sylvatica



Small shrub of boggy ground, leaves are aromatic



Low growing plant of bogs and moors